

Famina[®]

Carbonyl iron, Folic acid,
Vitamin-B complex and vitamin C

Presentation

Famina[®] Capsule: Each capsule contains elemental iron (as Carbonyl iron INN) 50 mg, Folic acid USP 0.50 mg, Vitamin C (as Ascorbic acid) USP 50 mg, Vitamin B complex (i.e Thiamine mononitrate USP 2 mg, Riboflavin USP 2 mg, Pyridoxine hydrochloride USP 1 mg and Nicotinamide USP 10 mg).

Indications

This capsule is indicated for the prevention and treatment of multiple nutritional deficiencies especially for the women of reproductive age.

Dosage and Administration

One capsule daily before food or as directed by the physician.

Contraindications

It is contraindicated in patients with known hypersensitivity to any of the ingredients. Iron therapy is contraindicated in the presence of haemolytic anaemia.

Pregnancy and lactation

Recommended.

Overdose

Chances of overdose with carbonyl iron are very rare. However, symptoms of overdosage with iron include epigastric pain, nausea and vomiting, haematemesis and circulatory collapse. In severe cases encephalopathy, acute hepatic necrosis and renal failure may develop after a latent period. Treatment consists of gastric lavage followed by the introduction of 5 gm desferrioxamine into the stomach. Serum iron levels should be monitored; in severe cases intravenous desferrioxamine should be given together with supportive and symptomatic measures as required.

Side effects

Allergic sensitization has been reported following oral administration of the folic acid. Oral iron preparation may cause constipation, particularly in older patients, occasionally leading to faecal impaction.

Precautions

Carbonyl iron may decrease the absorption of antacids, tetracycline, quinolone antibiotics, levodopa, levothyroxine, methyl dopa and penicillamine.

Drug interaction

Folic acid interacts with antiepileptics drugs, no plasma concentrations of Phenobarbital, Phenytoin is possibly reduced.

Pharmaceutical precautions

Keep away from light, store in a cool and dry place. Keep out of reach of children.

Packaging

Famina[®] Capsule: Box containing 6 x 10's capsule in blister pack.

Manufactured by :
 **Silva**
Pharmaceuticals Limited
Majidce, Noakhali, Bangladesh